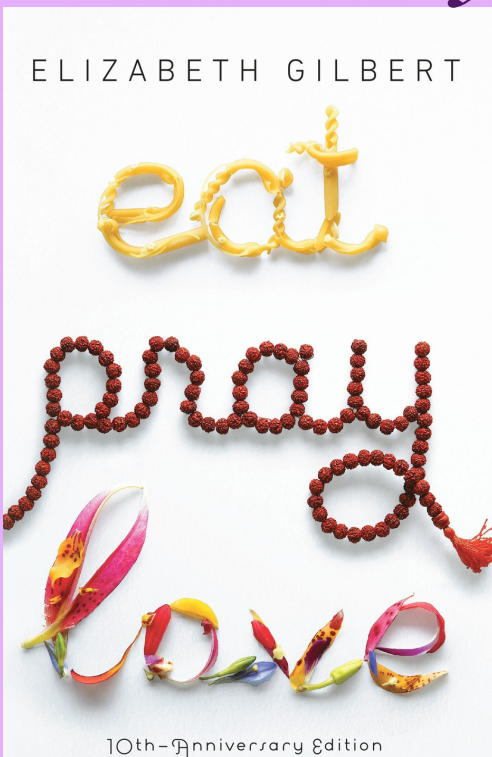




EAT PRAY LOVE

Summary



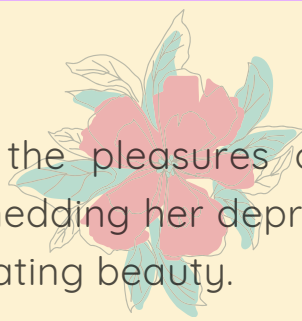
Elizabeth had everything a modern woman is supposed to dream of having; a husband, a house, a successful career but when your life has lost its way, it is time to take action on it and try to reconcile with yourself and seek what really matters to you. And that is what she did, and what she tells us in this autobiographical novel, based on his experiences for a year leaving her comfort zone, risking everything to change her life in search of the happiness he had lost after her divorce. The book is divided into three parts: Italy, India and Indonesia.

Settings



Italy

Elizabeth relaxes into the pleasures of eating and speaking Italian, shedding her depression as she focuses on appreciating beauty.



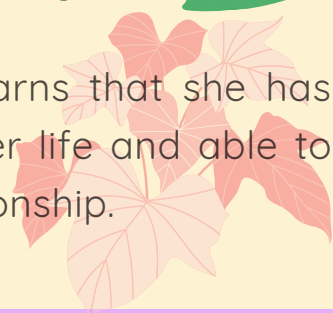
Safely tucked away in her guru's ashram, Elizabeth successfully devotes herself to finding inner peace.

India



Indonesia

On the island of Bali, Elizabeth learns that she has achieved sustainable balance in her life and able to enter into a healthy romantic relationship.



Author's biography

Elizabeth Gilbert

Elizabeth Gilbert was born on July 18, 1969, in Waterbury, Connecticut. Gilbert graduated from New York University in 1991 with a degree in political science. After college, she traveled across the country, doing odd jobs while looking for experiences to write about. Gilbert has also been a successful non-fiction writer.

Eat, Pray, Love quickly became an international bestseller, being translated into more than 30 languages and selling more than 10 million copies. In 2010 it was adapted into a major Hollywood movie starring American actress Julia Roberts. In interviews from that time, she talks about how inspiring it has been for her to have had a positive impact on the lives of so many readers.



Main character's description

At the beginning of the trip she is physically and emotionally broken. She describes her condition as pathetic herself.

On her journey she is seen to heal, grow and change as the months go by. In Italy, she regains some of her cheerful personality, as evidenced by her new friends and her desire for food.

When she arrives in India, she is physically healthy and strong again, but it takes her months to develop her inner strength.

Upon arrival in Bali, she is in good physical health and inner peace.

When love enters the equation and doesn't throw her off balance, as it always has before, she seems to have the assurance of a healthier afterlife.

Antonia Calderón